



## Magazine Srednja skola Koprivnica, Croatia

Maladjusted youth -  
social inclusion through sport activities



Srednja škola Koprivnica - entrance



Srednja škola Koprivnica

T r g s l o b o d e 7 , K O P R I V N I C A

## COMENIUS Multilateral school partnerships

School partners:

- YUNUS EMRE ILKOGRETIM OKULU, TURKEY



- ZESPOL SZKOL NR 17, POLAND



- IES JOSEFA DE LOS REYES, SPAIN



- FROBELSCHULE DELMENHORST, FORDERSCHULE LERNEN, GERMANY



- CENTRUL SCOLAR PENTRU EDUCATIE INCLUZIVA NR 1, ROMANIA



- SREDNJA SKOLA KOPRIVNICA, CROATIA



## **Summary**

The partnership will concern different classes of primary and secondary school students aged 12 – 18 from various schools in Europe. This project aims at social inclusion of children and teenagers from dysfunctional families through sports activities. Moreover, exchange of experiences and practices concerning creation of pro-social attitudes, socially acceptable behaviors as well as integration of children and teenagers from dysfunctional families at school, with their local environment and with their peers in Europe. The partners will exchange their experiences relating to students' involvement in sports activities such as: swimming, football, table tennis, cross country running, athletics, gym and cheerleading combined with the promotion of healthy lifestyle and "fair play" rules.

## **Motivation**

We believe that sport has "a major potential as a tool for promoting social inclusion and social cohesion in schools" as it provides citizens with opportunities to interact and join social networks, helps excluded pupils to develop relations with other members of the society. Sport can also be an effective tool in helping to create a sense of community and inclusion in any community. Sporting activities teach teamwork, fair play, and responsibilities which can all be repeated outside the sporting field. Team sports can help an individual to learn to work with others and be part of a team. Participating in competitive sport enables pupils to learn about themselves, including motivation, limitations and skills that may not have been apparent before.

## **Concrete Aims of the partnership**

- To decrease or remove behaviours which are typical of dysfunctional families' children to become socialised through sport activities

To raise the skills of excluded children needed to adapt to different social environments through sport activities

- To help building and improving teamwork skills of excluded children through sport activities
- To make a difference in life quality for excluded children by providing sport activities
- To point out the problems of excluded children to local authorities
- To enable excluded children to feel the joy of success in sports and thereby raise self-esteem
- To prevent early school leaving and promote gender equality in primary and secondary schools
- To encourage cooperation between the European teachers on social inclusion
- To show the people the role of early childhood education and care in social inclusion
- To promote exchange between the educational institutes on good practise in social inclusion on European level

**First meeting:** Białystok, Poland 10-15.10.2012



Medical University of Białystok

**PARTICIPATING COUNTRIES:** Turkey, Croatia, Spain, Romania, Germany, Poland

**PARTICIPATING TEACHERS:** Bruno Borić, Tatjana Kolarić, Đurđa Fijačko



Tatjana Kolarić, Bruno Borić, Đurđa Fijačko were in Bialystok on first partnerships meeting

**ACTIVITIES UNDERTAKEN:**

- Information about partners' education systems was exchanged



Headmaster of Turkey's school, Tatjana Kolarić and Isa Resber, project coordinator

- Sharing the portfolio and discussing the draft version of the "Teacher's Guide Book"
- The information brochure about the project was prepared
- Discussion on the website content
- Discussion on the sociometric questionnaire

- Determining the dates of the Spanish and German meeting
- Distribution of tasks and roles
- Visit to Social Therapy Centre for Maladjusted Youth



Big part teacher's Comenius team from participating schools

About meeting in Bialystok:

Bruno Borić: " was a great privilege to work with so many teachers from different schools of different European school systems on the subject to be in our education in regular schools know so little"

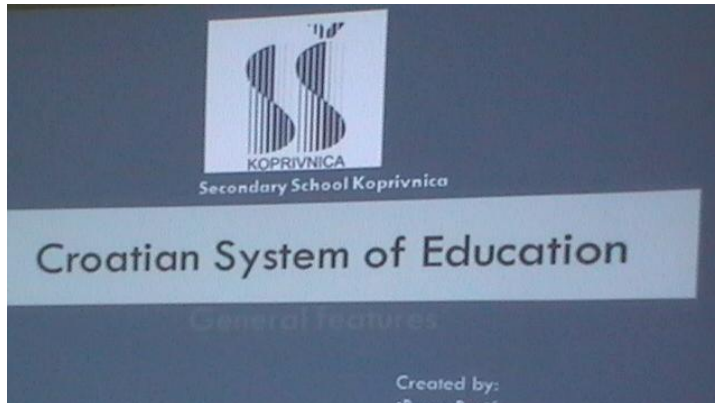
Đurđa Fijačko: "meeting in Bialystok represents my first experience participating in the mobility of Lifelong learning. Introduction to a variety of educational systems and educational policies of countries involved in this program such as Poland, Germany, Romania, Turkey and Spain was very educational.

Contact between so different partners from different cultures and traditions, was particularly useful because it provided a rich exchange of experiences and ideas about the behavioral problems of students and their solving through involvement in sport.

In the more impressive moments of the meeting in Poland can be included our visit to Social Therapy Centre for Maladjusted Youth.

This first meeting provided a useful consideration necessary questions pertaining to the next meeting, and / or continued operation of the mobility project.

And finally I want to mention a very pleasant impressions about Poland, their architecture, landscape, history and pleasant people. The organization of residence and accommodation of participants and hospitality were satisfactory.”

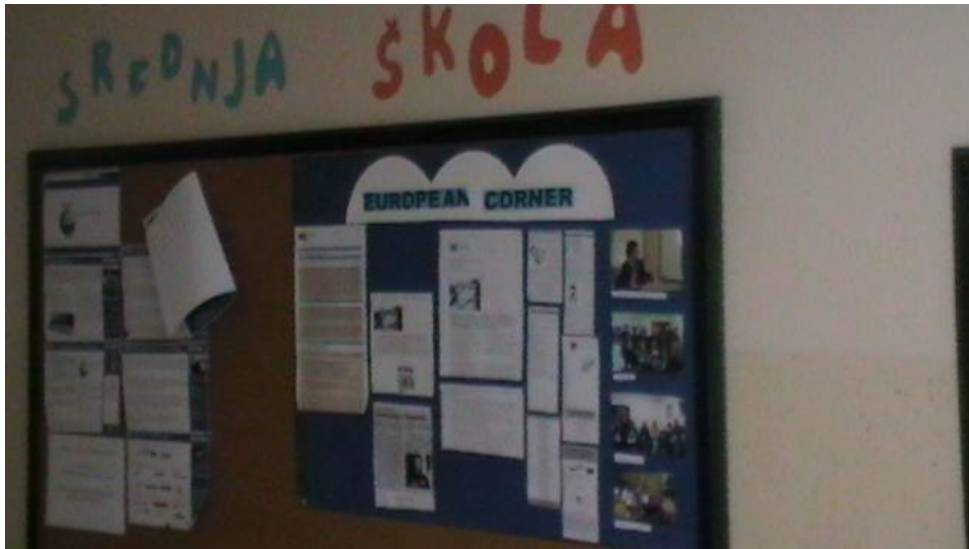


Our colleague Tatjana presented Croatia Education system

Tatjana Kolarić:” My first Polish Comenius experience started with meeting colleague teachers from various cultural backgrounds and people of different customs. Soon all of us found our common ground of interest and similar fate, and this was work with students who are often troubled and who need careful attention in their teenage years. The highlights of our visit to Bialystok in Poland for me was a half-an-hour hiking trip to the "Forest School" run by a priest where 16 young men are trying to straighten things out in their lives. The meal they made for us by themselves, the household run by themselves with a little help from patient supervisors - this was truly amazing and hear-breaking in many ways. I'll never forget it.”



European corner of Srednja skola Koprivnica (made at the end of October 2011.)



Turkey's European corner



As we returned from Poland, an article was published in the local papers and on the Internet, and the coordinator gave an interview for the local radio station.



**Agencija za mobilnost i programe EU prihvatila je priključenje Srednje škole iz Koprivnice multilateralnom Comenius projektu : Mladi sa problemima u ponašanju i socijalno uključenje kroz sportske aktivnosti.**

U projektu sudjeluju po jedna škola iz Turske, Njemačke, Španjolske, Poljske, Rumunjske i Hrvatske. Cilj projekta je socijalno uključenje učenika iz disfunkcionalnih obitelji kroz sportske aktivnosti. Škole partneri će međusobno razmjenjivati iskustva koja su vezana uz uključivanje učenika u sportske aktivnosti kao mali nogomet, odbojka, košarka, badminton, fitness, trčanje, plivanje, atletika.

Na kraju prve godine partnerstva biti će kreirana knjiga Vodič za nastavnike kojoj će biti svrha socijalno uključenje učenika koji su uključeni u Comenius projekt. U Srednjoj školi projektom je obuhvaćeno oko 75 učenika (tri razreda) od kojih će neki biti nagrađeni putovanjem u Bremen od 17.-21.lipnja 2012. na susrete škola partnera.

Srednja škola Koprivnica će od Agencije za mobilnost i programe EU dobiti 14.000 € za 12 mobilnosti (putovanja) na seminare vezane uz projekt u pet škola koje sudjeluju u projektu. Prva mobilnost (putovanje) planirana je i ostvarena od 10. do 15. listopada ove godine u Białystoku, Poljska gdje se je održao prvi seminar u vezi projekta. Iz Srednje škole u Poljsku išli su profesori Bruno Borić, Tatjana Kolarić i Đurđa Fijačko. Ukupno su planirana tri putovanja - seminara u tri od ovih zemalja :Poljska,Španjolska,Njemačka,Rumunjska i Turska na koja će ići 8-10 profesora i 2-4 učenika Srednje škole iz Koprivnice. Za Srednju školu Koprivnica koordinator projekta je mr.Bruno Borić kojem će u radu pomagati petnaestak profesora koji su se dobrovoljno prijavili za sudjelovanje u projektu.

Autor **Koprivnica.net**

In Noveber a sociometric questionnaire was applied to 3 classes: 2f, 2d, 1d ( 75 students were included). The results proved 12 students being socially isolated, their behaviour had been a problem since the last school year so they will remain in the focus of our project till the next sociometric tests by the end of March in 2012.

After the sociometric analysis there were interviews organized with students, their parents and the formmaster about the students' participation in the project. The psychologist and the pedagogue were informed about the test-results; and we discussed the possibilities of offering help to the students in order to improve their behavior.

So, what do we do on P.E. classes to decrease or remove behaviours which are typical of dysfunctional families' children to become socialised through sport activities?

We chose teaching topics pans out sports games, and various types of polygons that are specifically directed to cooperate more students to perform tasks. Teaching topics from sports games like basketball (shooting a ball and the game), volleyball (peak rejection, plays), handball (pass, dribble, game) and football, and polygons in which students (four to six) are working together to solve motor tasks. In addition students are taught to dance.

In March 2012. another sociometric questionnaire was done & proceeded to the coordinator. After completing the sociometric questionnaire three classes of 12 students in 9 of the students seen better social integration in the classroom. Form-masters , the pedagogue, the psychologist were shown the results of the second sociometric questionnaire. The pictures of the participants in the project were put on the website; a short video-film, so all materials were sent to the coordinatory of the project.



We chose students and teachers to travel to Germany, Delmenhorst (17-21 June 2012). Students are selected on the basis of information from sociometric questionnaires, and all those who have traveled to the meeting showed great motivation in class.

The name of students: Mihael Napan, Paula Gadanec, Domagoj Golubić, Lovro Balažinec, Ivana Hanžeković.

And teachers who will going: Bruno Borić, Đurđa Fijačko, Božica Dobec, Sanja Zvonar, Maja Blažek and Vesna Stiplošek.

In May (5/11/2012) to mark the European Week at the Library and Reading Room "Fran Galovic" Koprivnica on Thursday held a presentation of projects Koprivnica high school abroad and presentation of creative high school students called "Youth for Youth". High School Students Koprivnica presented two projects, the project "We love sports" that aims to connect students across the globe based on their love of sport and the project "Young people with



behavioral problems and social integration through sports activities," which deals with the integration of socially maladjusted students through sports activities such as swimming, soccer, running, athletics, gymnastics and cheering.

“Mladi za mlade” predstavili četiri europska projekta

Autor M.Gačan, Lj.Vugrinec

Petak, 11 Svibanj 2012

Foto: Knjižnica 'Fran Galović'

Povodom obilježavanja Europskog tjedna u Knjižnici i čitaonici „Fran Galović“ Koprivnica u četvrtak je održano predstavljanje projekata koprivničkih srednjih škola u inozemstvu i predstavljanje srednjoškolaca kreativaca pod nazivom „Mladi za mlade“.

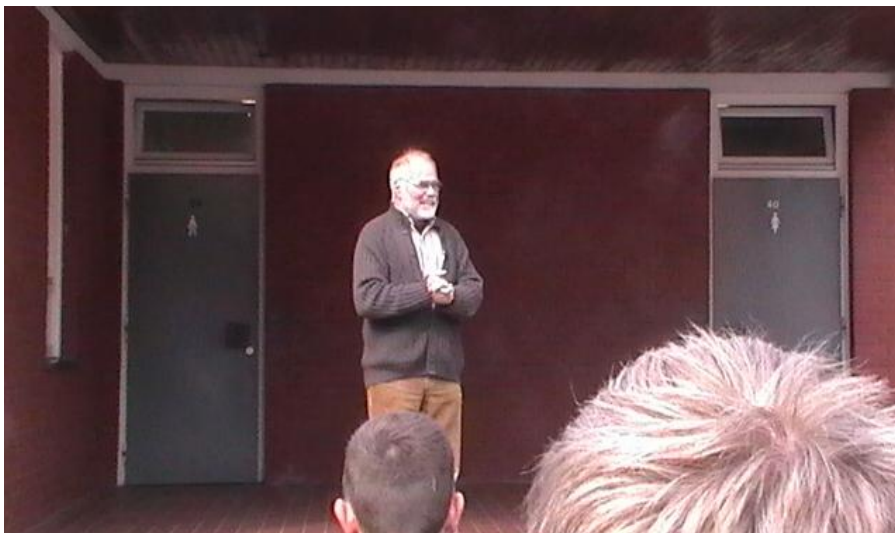
Učenici Srednje škole Koprivnica predstavili su dva projekta, projekt „We love sports“ kojemu je cilj povezati učenike širom svijeta na temelju njihove ljubavi prema sportu i projekt „Mladi s problemima u ponašanju i socijalno uključenje kroz sportske aktivnosti“ koji se bavi integracijom društveno neprilagođenih učenika kroz sportske aktivnosti kao što su plivanje, nogomet, trčanje, atletika, gimnastika i navijanje.

**Third meeting:** Delmenhorst, Germany 17-21. June 2012.



At our 3rd meeting in the German city of Delmenhorst were 6 teachers and 5 students.

Headmaster of Froebelschule Delmenhorst Dieter Gers gave a speech welcoming



Bruno Borić about meeting in Delmenhorst: “ I was particularly impressed by exposure to social worker who participated in the work with students and teachers about the problems and solving them”



With Polish team in Bremen

It was about a hundred students and teachers



In front of the Froebelschule Delmenhorst our Comenius team



Božica Dobec about meeting in Delmenhorst: “we are especially great to our hosts in Delmenhorst on outstanding organization of program for all participants. From the student views – this kind of visit is educational, motivating, contributes to multiculturalism, socialization and self analysis, and it’s priceless contributing to their maturing. From the teacher’s and school systems view, Project is the source of inspiration in work, possibility for exchanging experiencis, mutual familiarization, and space for profesional, cultural and personal development. Outstanding richness of Project content from socialization to cultural-historical and sports activities is important element of European citizenship”

On our 3rd meeting students played basketball and had canoe trip together with teachers and a part of teachers visited a Psychomotorik lesson class in school



In the Gym students practice and play basketball together



On canoing...it was really hard and interesting



Our students and their counterparts from Spain to Central station Bremen





Second day of the meeting we visited the sights of Delmenhorst



Vesna Stiplošek: about meeting in Delmenhorst: “I had a great time during our visit to Delmenhorst so did my students too. It is still a nice memory. No problems at the airports just slow relaxed going on till the final destination. How come? The catch was the highly profesional guide our coordinator Bruno every under control and we felt no stress or panic. I was on of the cool and happy passangers. Our accomodation was super just like our hosts Dieter and Sonja. The psychomotorik lesson at Sonja S class was very usefull. I also enjoyed in Bremen with other participants. Besides everyday English I spoke German pretty much. It was great.”

Coffe break for teachers



Maja Blažek about meeting in Delmenhorst: “Visit to Germany was a wonderful experience both for me and my colleagues. We had a chance to compare educational sistem in Croatia and Germany and see how our partners deal with

some problems we have in common. I hope we'll be able to moderate some of those ideas and implement them in our educational system.”

The reception given by Mayor of Delmenhorst at City Hall



Mayor of Delmenhorst was very polite when he spoke to us

Our teachers Đurđa Fijačko and Maja Blažek photographed in Soegestrasse by our colleague Božica Dobec



Đurđa Fijačko: about meeting in Delmenhorst: “meeting participants in this project in Germany was very interesting, because here are students included who had the opportunity to meet new friends and socialize with their fellow students.

It was for all of them a great opportunity for participation in a joint program of sports activities and skills development work in the group.

Canoe trip was very interesting because of a certain dose of adventure which were present here, and therefore increased excitement for the newcomers in this sporting discipline.

This excursion was nice opportunity for a direct meeting with the nature and beautiful landscape of northern Germany.

For us, the Croatian, but also some of participants from the other countries was here in Delmenhorst, a unique opportunity to experience a geographical phenomenon somewhere called 'white nights', since in our country has no such natural phenomena.

Similar to the meeting in Poland, project participants have the opportunity to enrich their knowledge about the diversity and specificity of German architecture, history, culture, customs and people.

Organization of stay, accommodation of participants and program of work were perfect.”

### **The common remarks**

“Considering the diverse background of participants, from six different countries, communication between partners was conducted in foreign languages (usually English).

This fact shown to be useful, because it improved motivation of pupils and also teachers for intensive study and use of foreign languages.

My personal example is also a confirmation of that fact. Given that we work in school, and that is a relatively static job linked to the classroom, this program is especially beneficial because it increases our personal mobility as a participant.”

In the port of Bremen was the end of our tour with tour guide (Dolores – colleague from Spain, Sanja, Mihael and Maja sit on the bench)



Sanja Zvonar about meeting in Delmenhorst: “17th – 21th June 2012 years we were presidents of Comenius project in Germany. There we met with teachers and students who also have problems with difficulties behavior. Problems in students behavior we were trying to solve through association and sports games.

We also met with educational services in there schools. More information about there schools gave us the schools director Dieter and pedagogue Sonja. I also must mention that we were very nice received and I am grateful for that.

Students Lovro and Domagoj and the teacher Bruno Borić take a picture in front of Bremen musicians



And our students about third meeting in Delmenhorst:

Lovro: "it was beautiful. I met a great people and the city is wonderful. And I am grateful to my school which gave me the chance to be there."

Domagoj: "in Germany was very nice, I spent a nice moment with new friend and they were welcome. I was very happy to contact with them"

Lovro and Domagoj play table-football with students from Froebelschule



Mihael: “in Germany I very enjoyed. Basketball was great. All was cool and interesting”



Mihael in the kitchen together with teacher Mrs.Vesna Stiplošek and students from Froebelschule (they are preparing pancakes!)



Paula and Ivana practice basketball in the gym together with participating students

Ivana: “In Germany I had a good time. I met a lot of different people and that was fun”

Thank you all of you and see you again!

